



OAKLAND BAY JR. HIGH

3301 N Shelton Springs Road
Shelton, WA 98584



October 2, 2023

Building responsibility, respect, and resilience to inspire academic excellence.

Tuesday	Oct. 3	7th Football	5:00pm	SHS
Tuesday	Oct. 3	8th Football	7:00pm	SHS
Wednesday	Oct. 4	Cross Country Meet	4:00pm	SHS
Monday	Oct. 9	Girls' Soccer	4:00pm	OBJ
Wednesday	Oct. 10	PTSO Meeting	6:00pm	OBJ
Wednesday	Oct. 11	PLC Early Release	12:55pm	
Friday	Oct. 20	Picture Retakes		OBJ
Friday	Oct. 20	Early Release	11:25am	OBJ

FACEBOOK - OBJ is on Facebook, follow us at:

[Oakland Bay Jr. High School Facebook](#)

FACEBOOK PTSO - [OBJH PTSO ON FACEBOOK](#)

CTE 8th grade SCIENCE - Mrs. McCoy, Ms. Valentine and Mrs. Ocho celebrated success with their 8th grade science students by having a friendly competition racing paper sailboats. Student teams built the sailboats using art, proportion and math skills. Students collaborated in teams of 2 learning how to problem solve to build a boat that would move faster than everyone else's boat. The winners of each class earned a "Mr. Beast" chocolate bar!





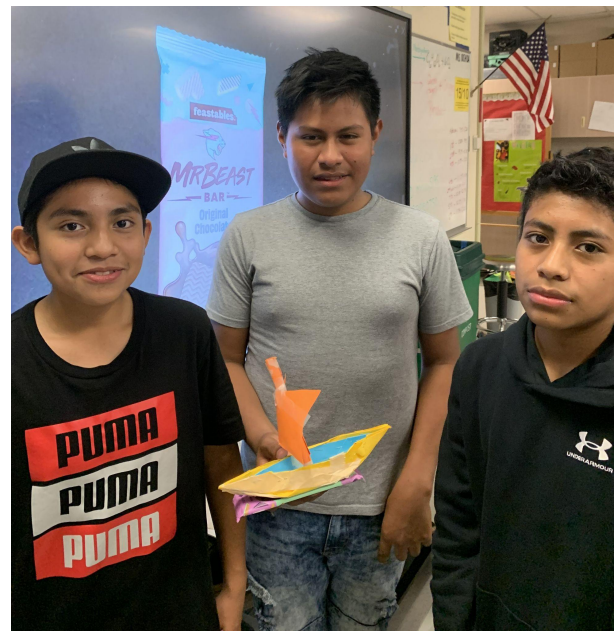
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LITERACY - Our ELA teachers are implementing new strategies in our ELA classes. We have 1,000s of new books in our classrooms. Students are encouraged to take the books home and read while out of school. The books are authentic, rich texts that represent our diverse student population. There are a range of genres, interests, and reading levels. **Please encourage your child to read at home.**

We are building readers and leaders in the Shelton School District.

Activity bus

- On normal release days the Activity bus departs OBJ at 4:45 pm
- 1 ½ hour early release, PLC Wednesdays, the Activity bus departs at 3:15 pm

Note. Please remind your students that the activity bus can only be used for academic, athletics, or club related purposes.

Health - Please inform our school nurse of any new health conditions or concerns.

- Students with severe allergies, diabetes, asthma, or seizures must have an Emergency Care Plan and physician's orders on file.
- Physician orders and appropriate forms are required if your student needs to take medication at school.
- Immunizations are required by the state. Please get in touch with your school nurse with questions regarding your student's immunization status or for information about medical/religious exemptions.
- Tips for keeping your student healthy at school •
 - Encourage your student to get enough sleep. The American Academy of Sleep Medicine recommends that teenagers 13 to 18 years of age should sleep 8 to 10 hours per 24 hours regularly.
 - Encourage your student to eat a well-balanced, healthy breakfast, even if it means grabbing something on the go. Students not getting the necessary nutrients to fuel their bodies often results in headaches, stomach aches, irritability, and distraction. Breakfast is available to all students before school starts.
 - Meet your school health room tech and school nurse! Keeping the lines of communication open and working with our families to ensure we meet our students' medical needs is very important.
 - Our priorities are promoting your students' well-being, keeping them safe, and providing a trusting environment at school.



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Shelton Family Resource Center

Clothing, Household Items, Nonperishable food, community resources...we have you covered! Are you in need of something? The Student & Family Resource Center can probably help!

- clothing bank with clothing for all ages.
- A household item bank such as bedding, small kitchen appliances, and more! .
- If you are looking for a community connection, the SFRC can help you connect with the right resource.

Location: 550 E K Street, visits to the center are by appointment only 360-490-1235
Or contact Betty Uriostegui at buriostegui@sheltonschools.org



GO BAY!

Teresa Mayr
Principal
Oakland Bay Junior High

