



OAKLAND BAY JR. HIGH

3301 N Shelton Springs Road
Shelton, WA 98584



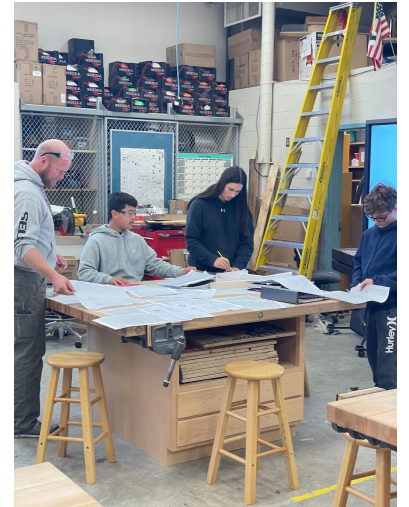
October 9, 2023

Building responsibility, respect, and resilience to inspire academic excellence.

Monday	Oct. 9	Girls' Soccer	4:00pm	OBJ
Wednesday	Oct. 10	PTSO Meeting	6:00pm	OBJ
Wednesday	Oct. 11	PLC Early Release	12:55pm	
Friday	Oct. 20	Picture Retakes		OBJ
Friday	Oct. 20	Early Release	11:25am	OBJ
Tues.-Fri.	Oct. 24-27	Conferences		

Conferences - Each student's advisory teaching will be sending home a conference sign-up sheet for families to choose a time to meet. Teachers are available to meet in person, on zoom, or over the phone. It is important to meet with each of you on behalf of your child. We want to share the progress your child is making and talk about ways we can partner together to support your child's learning. Please send the conference note back, call the office, or email the teacher to set-up a time.

8th grade Engineering at OBJ - Our 8th graders enrolled in engineering are making vehicles to race. The first step is a drawing, then a mock-up before making the actual wooden car.





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LITERACY - These are the books read in Mrs. Yantis' ELA classes in September. It is quite a tower of books! Our students are enjoying our new books, the time in class to read, and the opportunity to share their reading with their peers and teachers.

Please encourage your child to read at home.

We are building readers and leaders in the Shelton School District!

Book Fair at OBJ - We are having a Scholastic Book Fair this year from October 18 - 27th in the library. When students can choose their own books it empowers them and inspires them on their journey to become lifelong readers.

Activity bus

- On normal release days the Activity bus departs OBJ at 4:45 pm
- 1 ½ hour early release, PLC Wednesdays, the Activity bus departs at 3:15 pm

Note. Please remind your students that the activity bus can only be used for academic, athletics, or club related purposes.



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Health - Please inform our school nurse of any new health conditions or concerns.

- Students with severe allergies, diabetes, asthma, or seizures must have an Emergency Care Plan and physician's orders on file.
- Physician orders and appropriate forms are required if your student needs to take medication at school.
- Immunizations are required by the state. Please get in touch with your school nurse with questions regarding your student's immunization status or for information about medical/religious exemptions.
- Tips for keeping your student healthy at school •
 - Encourage your student to get enough sleep. The American Academy of Sleep Medicine recommends that teenagers 13 to 18 years of age should sleep 8 to 10 hours per 24 hours regularly.
 - Encourage your student to eat a well-balanced, healthy breakfast, even if it means grabbing something on the go. Students not getting the necessary nutrients to fuel their bodies often results in headaches, stomach aches, irritability, and distraction. Breakfast is available to all students before school starts.
 - Meet your school health room tech and school nurse! Keeping the lines of communication open and working with our families to ensure we meet our students' medical needs is very important.
 - Our priorities are promoting your students' well-being, keeping them safe, and providing a trusting environment at school.

Shelton Family Resource Center

Clothing, Household Items, Nonperishable food, community resources...we have you covered! Are you in need of something? The Student & Family Resource Center can probably help!

- clothing bank with clothing for all ages.
- A household item bank such as bedding, small kitchen appliances, and more! .
- If you are looking for a community connection, the SFRC can help you connect with the right resource.

Location: 550 E K Street, visits to the center are by appointment only 360-490-1235
Or contact Betty Uriostegui at buriostegui@sheltonschools.org



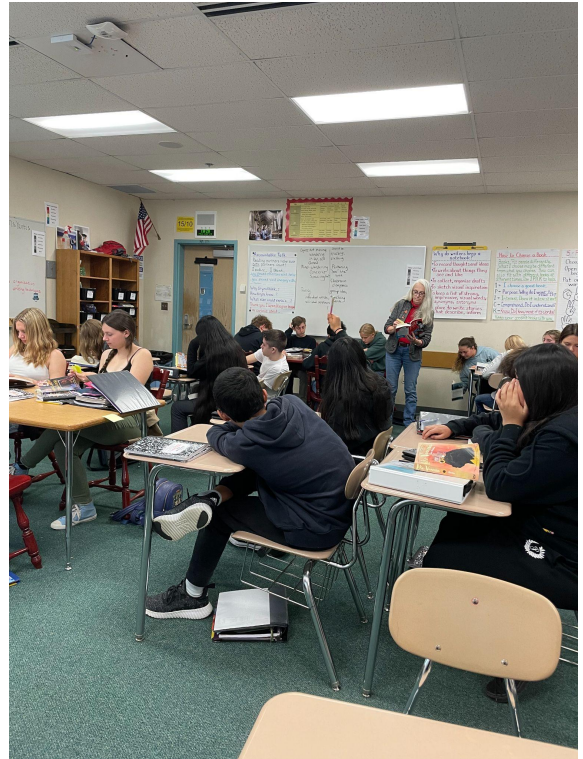
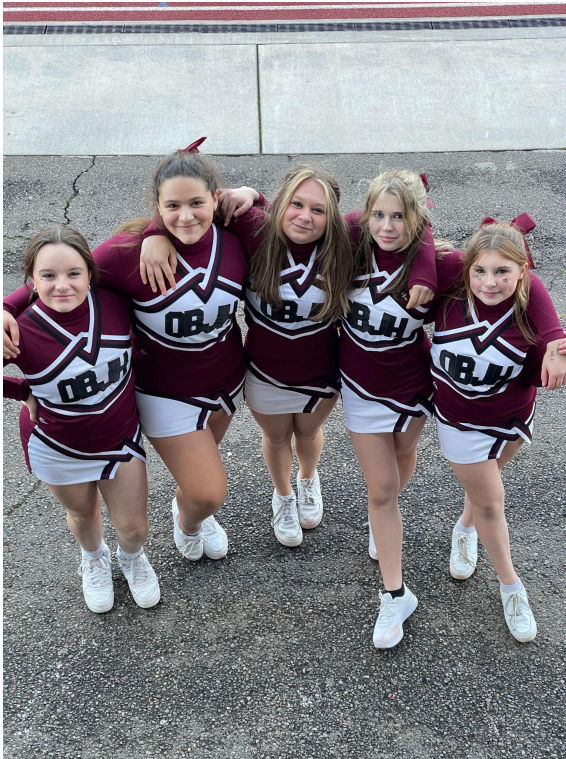
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GO BAY!

Teresa Mayr
Principal
Oakland Bay Junior High